



VFW AUXILIARY

Veterans & Family Support

LaQuetta McCartor

2020-2021 National Ambassador

UNWAVERING SUPPORT FOR UNCOMMON HEROES®



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National President's Special Project

Stars, Stripes and Support:

Combating Food Insecurity Among Our Nation's
Military Service Personnel and their Families.

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Donations will be sent to the VFW Foundation earmarked Unmet Needs-Hunger.

Amounts are cumulative so Auxiliaries can make one donation or many small donations.
Citations for total donations made by April 30, 2021:

Platinum Citation	\$1,000.00 or More
Diamond Citation	\$500.00 or \$999.00
Gold Citation	\$250.00 or \$499.00
Silver Citation	\$100.00 to \$249.00
Bronze Citation	\$25.00 to \$99.00

Citations will be sent from National Headquarters after May 1, 2021.

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Support for Veteran and Military Caregivers

- VA Caregiver Support Line
- Caregiver Support Coordinator
- Peer Support Mentoring Program
- Caregiver Services Available from the VA's Caregiver Support Line.



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National Family Caregivers Month Month of the Military Caregiver

- National Family Caregivers Month is in November
- Military Caregiver Month is in May

There are many ways for our Auxiliaries to bring attention to these caregivers and their sacrifices.



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Educate, Promote and Publicize our Core Programs

- **Spread the Word about National Veterans Service (NVS)**
- **VFW Veterans & Military Support Program**
 - Military Assistance Program (MAP)
 - Unmet Needs
 - VFW “Sport Clips Help A Hero Scholarship”

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Veteran & Military Suicide Prevention and Mental Health Awareness

- Veterans Crisis Line
- The Veteran & Military Suicide Awareness Blue Teardrop sticker
- Know the 5 Signs





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Mental Wellness Support and Resources

- The Campaign to Change Direction changedirection.org
- Give an Hour giveanhour.org
- Patients Like Me patientslikeme.com/join/vfw
- One Mind onemind.org
- The Elizabeth Dole Foundation elizabethdolefoundation.org
- Help Heal Veterans healvets.org
- Veterans Voices Writing Project veteransvoices.org

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